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KRAUSE RETAINER

Patient Instructions

Today you have received a bonded lingual retainer which attaches to the inside of your lower six anterior teeth or upper four anterior teeth. The purpose of this retainer is to stabilize tooth position following the removal of your fixed appliances.

We may also refer you for a surgical procedure, which is called a fibrotomy or more specifically, a supracrestal fibrotomy. The purpose of this procedure is to relax those fibers holding your teeth into your gum tissue, which were stretched during treatment. Usually this minor surgical procedure allows for a relaxation of the fibers associated with your teeth and helps ensure the rotation of the involved teeth back toward their original position.

You should continue to see us on a routine basis. The purpose of these return visits is to ensure that the bonded bases on each tooth have not become loosened. It is very possible for the appliance to appear secure and yet have one base pull away from the adjacent tooth.

The Krause retainer should remain in place for at least two years following the removal of your orthodontic appliances. If at any time, you suspect the retainer might have become partially loose, please contact our office immediately for a check-up appointment. Also make sure that you keep the retainer clean through the appropriate brushing and flossing methods and continue to see your general dentist on a regular basis.